

Co-Leader III: Planning for Daily Check-ins

It's important that co-leaders meet every night to discuss their trip and make plans for the next day. Discussing these questions during pre-trip will help these nightly meetings run efficiently when you are on your trip. Write down your answers and save them in your journal so you can refer to them on your trip when you are tired after a full day!

Feedback

How does each person on your co-leader team like to receive feedback? Would they like to receive positive or constructive feedback first? Would they rather get continuous feedback during the day or save it to discuss at the nightly meeting? What are some key improvement areas that each person would like the others to give them feedback on during the trip?

Debrief Structure

What debriefing activities would you like to do as a co-leader team at your meetings? Possibilities: talking through the day chronologically, Rose/Bud/Thorn, sharing Pros/Grows for the co-leader team as a whole, reflecting on key goals on the FVC, etc.

Planning for Tomorrow

How much detail do the members of your co-leader team want to plan? Will you come up with an hourly schedule or a basic outline of each day? What will you do if the schedule doesn't go according to plan? How often (and when) will you check back in as a full leadership team throughout the day? Do you want a signal for stopping the group and calling a leader huddle?

Timing

When do you plan on having your meetings? Good times to meet might be after dinner and before your activity for the night (e.g. Fears in a Hat), or after your activity when your participants have gone to bed. Will you be too tired to have a productive and thorough conversation after participants have gone to bed?

How will you plan for the following things?

- Navigation/tomorrow's route
- Schedule (e.g. how long will lunch be)
- Nightly activities (e.g. When are you doing Fears in a Hat? What do you want to cover in it?)
- What is the co-leader communication and response plan for any medical incidents that arise?
- What is the co-leader communication and response plan for an interpersonal or group dynamics challenges that arise?