# Outdoor Action Leader Trainer Application

*Before beginning you application, please thoroughly review all information about the application process and selection criteria found on the OA website.*

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

My Fall Break Plans are (optional) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## PART I: Experience

**1. Outdoor Action Leader Training Requirements**

❑ **First Aid Certification** (indicate highest level)**:** Course\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mo/Yr:\_\_\_\_\_\_

**❑ CPR** Expires:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**❑ Leadership 101 Workshop**

**❑ Leadership 102 Workshop**

**❑ Technical Skills Course**

**❑ LNT Awareness Workshop**

**❑ Managing Safety in the Backcountry Workshop**

**❑ Leader Training Trip** Your Leader Trainers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2. Outdoor Action Trips you have been on**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Dates** | **Location** | **Activities** | **Leader or Participant?** | **Comments** |
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**3. Do you have any other relevant multi-day Wilderness Experience? If so please list below.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Dates** | **Location** | **Activities** | **# of Days** | **Organization** (NOLS, OB, Overland) | **Leader** **Participant**  **Personal Trip** |
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**4. If you completed question 3, please explain how these experiences served as *leadership* experience.**

**PART II: Essay Questions**

### Please answer each of these questions. Most questions will be best answered in 150-350 words.

1. What does the outdoors mean to you?
2. Tell us about a successful **leadership** experience you have had. What did you do that made it successful?
3. Tell us about a challenging leadership experience you’ve had, or one that didn’t go as planned. What did you learn from this experience?
4. Describe any teaching experiences you have had (either through OA or other settings).
5. Discuss how non-OA experiences have shaped you as a leader.
6. We believe there is a difference between being an effective leader and an effective Leader Trainer. Please discuss this difference.
7. Why do you think you are ready to be a Leader Trainer?
8. What are you current leadership goals and areas that you are working to further develop?

**PART III: Technical Skills Assessment**

**Technical Skills Self-Evaluation:** These are some of the skills that are expected of OA Leaders. General competency (not perfection) in these skills is what we are looking for in LT candidates. Please know that your answers to these will NOT “make or break” your application. We hope you will use this section to reflect on your own skill ability.

Please rate your ability or knowledge in each area on the following scale:

1 = Comfortable w/ co-leader assistance

2 = Comfortable Solo

3 = Comfortable in Difficult Conditions/Bad Weather/Dark

4 = Comfortable Teaching to Others

**1. Leave No Trace**

General Wilderness Ethics \_\_\_\_\_

Travel & Camp on Durable Surfaces \_\_\_\_\_

Dispose of Waste properly \_\_\_\_\_

Leave What you Find \_\_\_\_\_

Be Considerate of Other Visitors \_\_\_\_\_

**2. Knots**

Bowline \_\_\_\_\_

Truckers Hitch \_\_\_\_\_

Taut-line Hitch \_\_\_\_\_

**3. Shelter**

Tent Construction \_\_\_\_\_

General Tarping \_\_\_\_\_

Grommets & Tension Pts. \_\_\_\_\_

Bad Weather Tarp Set Up \_\_\_\_\_

**4. Bear Bagging** \_\_\_\_\_

**5. Stoves**

Stove Use \_\_\_\_\_

Stove Repair \_\_\_\_\_

Pump Repair \_\_\_\_\_

**6. Water Management Techniques**

Aqua Mira \_\_\_\_\_

Filter \_\_\_\_\_

**7. Pack Fitting**  \_\_\_\_\_

**8. Map Reading** \_\_\_\_\_

**9. Compass and Navigation** \_\_\_\_\_

**10. Basic First Aid**

Patient Assessment System \_\_\_\_\_

Blister Care \_\_\_\_\_

MOI: Trauma \_\_\_\_\_

MOI: Medical \_\_\_\_\_

MOI: Environmental \_\_\_\_\_

**11. Outdoor Hygiene** \_\_\_\_\_

**12. Risk Management** \_\_\_\_\_

**13. Cooking OA Meals** \_\_\_\_\_

**14. Grab Bag/Other (OPTIONAL):**On a scale of 1-4, please list An OA related skill that you would be a 0/4 on, and one that you would be a 5/4 on (Tazmanian Toe Tap, Hand-to-hand Bear Combat, etc.).

0/4: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5/4: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_